

BAREFOOT COACHING *and Counselling*

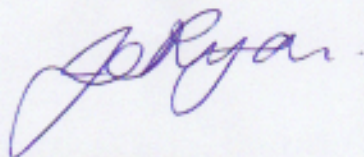
7 February 2013

Dear Sandra,

I just wanted to write a note to express my appreciation to the universe that you appeared in my life. You are an inspiring person, teacher and healer. As a psychologist, I have spent the last 10 years attending self development, Reiki and meditation courses and experiencing healings. You have a depth of experience and training in healing combined with an integrity and passion for your work that I have not encountered before in the healing field.

Thank you for my recent Sekhem session. I felt nurtured and safe which allowed me to totally relax into a very pleasurable experience. I will be booking in regular appointments with you in the future as a special treat for myself!

Kind regards,



JO RYAN

Psychologist, Reiki 1, 2 & 3, Sekhem 1, 2 & Master

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